

| Menu Item | Serving Size | Calories | Fat Calories | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|--------------------------------|--------------|----------|--------------|---------------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Burrito Bowls - Regular | | | | | | | | | | | | |
| Chicken Burrito Bowl | 441g | 590 | 230 | 25 | 11 | 0 | 100 | 1570 | 65 | 8 | 4 | 28 |
| Fish Burrito Bowl | 456g | 670 | 390 | 43 | 13 | 0 | 100 | 1380 | 48 | 12 | 5 | 26 |
| Ground Beef Burrito Bowl | 441g | 640 | 270 | 30 | 14 | 0 | 85 | 1530 | 64 | 8 | 4 | 30 |
| Pork Burrito Bowl | 441g | 590 | 210 | 24 | 11 | 0 | 95 | 1560 | 63 | 7 | 3 | 31 |
| Shredded Beef Burrito Bowl | 441g | 600 | 210 | 24 | 11 | 0 | 90 | 1390 | 64 | 8 | 4 | 32 |
| Shrimp Burrito Bowl | 455g | 550 | 170 | 19 | 9 | 0 | 195 | 1470 | 64 | 7 | 4 | 32 |
| Steak Burrito Bowl | 441g | 560 | 180 | 20 | 10 | 0 | 80 | 1560 | 65 | 7 | 3 | 29 |
| Vegan Burrito Bowl | 390g | 370 | 70 | 8 | 1.5 | 0 | 0 | 890 | 63 | 10 | 4 | 11 |
| Veggie Burrito Bowl | 448g | 530 | 200 | 22 | 9 | 0 | 45 | 1090 | 67 | 10 | 5 | 18 |

Nutrition information for Burrito Bowls include rice, refried beans, protein, cheese, Pico de Gallo, sour cream; Fish Burrito Bowls include refried beans, fish, cheese, cabbage, white sauce, Pico, sour cream; Veggie Bowls include rice, refried beans, cheese, lettuce, Pico, sour cream, guacamole. Vegan Bowl same as Veggie without cheese & sour cream. Optional add-ons & sauces not included.

Burritos - Regular

| | | | | | | | | | | | | |
|-----------------------|------|-----|-----|----|-----|---|-----|------|-----|----|---|----|
| Chicken Burrito | 545g | 900 | 290 | 32 | 14 | 0 | 100 | 2310 | 117 | 10 | 4 | 36 |
| Fish Burrito | 560g | 980 | 450 | 50 | 16 | 0 | 100 | 2120 | 100 | 14 | 5 | 34 |
| Ground Beef Burrito | 545g | 950 | 330 | 37 | 17 | 0 | 85 | 2270 | 116 | 10 | 4 | 38 |
| Pork Burrito | 545g | 900 | 280 | 31 | 14 | 0 | 95 | 2300 | 115 | 9 | 3 | 39 |
| Shredded Beef Burrito | 545g | 910 | 280 | 31 | 14 | 0 | 90 | 2130 | 116 | 10 | 4 | 40 |
| Shrimp Burrito | 580g | 900 | 390 | 43 | 15 | 0 | 215 | 2260 | 90 | 13 | 6 | 40 |
| Steak Burrito | 545g | 870 | 250 | 27 | 13 | 0 | 80 | 2300 | 117 | 9 | 3 | 37 |
| Vegan Burrito | 494g | 680 | 130 | 15 | 4.5 | 0 | 0 | 1630 | 115 | 12 | 4 | 19 |
| Veggie Burrito | 552g | 840 | 260 | 29 | 12 | 0 | 45 | 1830 | 119 | 12 | 5 | 26 |

Burritos - Small

| | | | | | | | | | | | | |
|-----------------------|------|-----|-----|----|-----|---|-----|------|----|---|---|----|
| Chicken Burrito | 291g | 510 | 160 | 18 | 7 | 0 | 50 | 1300 | 68 | 5 | 2 | 20 |
| Fish Burrito | 323g | 570 | 240 | 27 | 9 | 0 | 50 | 1280 | 64 | 8 | 2 | 20 |
| Ground Beef Burrito | 291g | 530 | 180 | 20 | 9 | 0 | 45 | 1270 | 68 | 5 | 2 | 21 |
| Pork Burrito | 291g | 500 | 150 | 17 | 7 | 0 | 50 | 1290 | 67 | 5 | 2 | 22 |
| Shredded Beef Burrito | 291g | 510 | 150 | 17 | 7 | 0 | 45 | 1200 | 68 | 5 | 2 | 22 |
| Shrimp Burrito | 332g | 530 | 210 | 23 | 8 | 0 | 105 | 1350 | 59 | 8 | 3 | 23 |
| Steak Burrito | 291g | 490 | 140 | 15 | 7 | 0 | 40 | 1290 | 69 | 5 | 2 | 20 |
| Vegan Burrito | 265g | 390 | 80 | 9 | 2.5 | 0 | 0 | 950 | 68 | 6 | 2 | 12 |
| Veggie Burrito | 295g | 470 | 140 | 16 | 7 | 0 | 25 | 1060 | 69 | 6 | 2 | 15 |

Nutrition information for Burritos includes flour tortilla, rice, refried beans, protein, cheese, Pico de Gallo, sour cream; Fish Burrito includes flour tortilla, refried beans, fish, cheese, cabbage, white sauce, Pico, sour cream; Veggie Burrito includes flour tortilla, rice, refried beans, cheese, lettuce, Pico, sour cream, guacamole; Vegan Burrito same as Veggie without cheese & sour cream. Optional add-ons & sauces not included.

Get Wet Burrito Toppings - Regular, Small

| | | | | | | | | | | | | |
|--|------|-----|-----|----|-----|---|----|-----|----|---|---|---|
| Regular Toppings - Enchilada Sauce | 182g | 100 | 40 | 4 | 2 | 0 | 10 | 860 | 12 | 2 | 3 | 4 |
| Regular Toppings - Queso Sauce, Yellow | 170g | 170 | 110 | 12 | 5 | 0 | 5 | 970 | 6 | 1 | 1 | 6 |
| Small Toppings - Enchilada Sauce | 125g | 80 | 35 | 4 | 2 | 0 | 10 | 500 | 7 | 1 | 2 | 4 |
| Small Toppings - Queso Sauce, Yellow | 114g | 90 | 50 | 6 | 2.5 | 0 | 5 | 520 | 4 | 1 | 1 | 4 |

Nutrition information for Wet Burrito toppings only - includes enchilada sauce, cheese, lettuce, Pico de Gallo, cilantro; or Queso sauce, lettuce, Pico, cilantro; burrito nutrition not included.

Enchilada Platters

| | | | | | | | | | | | | |
|----------------------------|------|-----|-----|----|----|---|-----|------|-----|----|---|----|
| 2 Cheese Enchiladas | 605g | 810 | 290 | 32 | 14 | 0 | 70 | 1870 | 105 | 15 | 4 | 29 |
| 2 Chicken Enchiladas | 667g | 840 | 290 | 32 | 12 | 0 | 100 | 2320 | 106 | 15 | 5 | 35 |
| 2 Fish Enchiladas | 661g | 880 | 300 | 33 | 10 | 0 | 80 | 2070 | 116 | 15 | 4 | 32 |
| 2 Ground Beef Enchiladas | 667g | 890 | 330 | 37 | 15 | 0 | 85 | 2270 | 106 | 15 | 5 | 36 |
| 2 Pork Enchiladas | 667g | 830 | 270 | 30 | 11 | 0 | 95 | 2300 | 104 | 15 | 5 | 38 |
| 2 Shredded Beef Enchiladas | 667g | 840 | 270 | 30 | 11 | 0 | 90 | 2130 | 106 | 15 | 5 | 38 |
| 2 Shrimp Enchiladas | 681g | 800 | 230 | 26 | 10 | 0 | 195 | 2210 | 106 | 15 | 5 | 38 |
| 2 Steak Enchiladas | 667g | 810 | 240 | 27 | 10 | 0 | 80 | 2300 | 107 | 15 | 4 | 35 |

Nutrition information for Enchilada Platters includes 2 soft corn tortillas, meat/fish/cheese, enchilada sauce, rice, refried beans, lettuce, Pico, sour cream, guacamole. Optional add-ons & sauces not included.

Enchilada/Taco Platters

| | | | | | | | | | | | | |
|--------------------------------------|------|------|-----|----|----|---|-----|------|-----|----|---|----|
| Cheese - 1 Taco & 1 Enchilada | 608g | 830 | 300 | 33 | 15 | 0 | 70 | 1980 | 107 | 15 | 5 | 31 |
| Chicken - 1 Taco & 1 Enchilada | 670g | 860 | 290 | 33 | 13 | 0 | 100 | 2430 | 108 | 15 | 5 | 37 |
| Fish - 1 Taco & 1 Enchilada | 715g | 1030 | 430 | 48 | 14 | 0 | 95 | 2310 | 120 | 16 | 6 | 35 |
| Ground Beef - 1 Taco & 1 Enchilada | 670g | 910 | 340 | 38 | 16 | 0 | 85 | 2380 | 108 | 15 | 6 | 38 |
| Pork - 1 Taco & 1 Enchilada | 670g | 860 | 280 | 31 | 12 | 0 | 95 | 2410 | 106 | 15 | 5 | 40 |
| Shredded Beef - 1 Taco & 1 Enchilada | 670g | 860 | 280 | 31 | 12 | 0 | 90 | 2240 | 107 | 15 | 5 | 40 |
| Shrimp - 1 Taco & 1 Enchilada | 712g | 830 | 240 | 27 | 11 | 0 | 195 | 2320 | 108 | 15 | 6 | 40 |
| Steak - 1 Taco & 1 Enchilada | 670g | 830 | 250 | 28 | 11 | 0 | 80 | 2420 | 109 | 15 | 5 | 37 |

Nutrition information for Enchilada/Taco Platters includes 1 corn & 1 flour tortilla, protein/cheese, enchilada sauce, rice, refried beans, lett/cabbage, Pico, sour cream, guacamole. Optional add-ons & sauces not included.

Nachos

| | | | | | | | | | | | | |
|----------------------|------|------|-----|----|----|---|-----|------|-----|----|---|----|
| Cheese Nachos | 408g | 1040 | 590 | 66 | 20 | 0 | 95 | 1510 | 88 | 15 | 3 | 31 |
| Chicken Nachos | 493g | 1160 | 660 | 73 | 22 | 0 | 150 | 2100 | 91 | 15 | 4 | 43 |
| Fish Nachos | 488g | 1200 | 670 | 74 | 21 | 0 | 130 | 1850 | 100 | 15 | 3 | 41 |
| Ground Beef Nachos | 493g | 1210 | 700 | 78 | 26 | 0 | 135 | 2050 | 90 | 15 | 4 | 45 |
| Pork Nachos | 493g | 1150 | 640 | 71 | 22 | 0 | 145 | 2080 | 89 | 15 | 4 | 46 |
| Shredded Beef Nachos | 493g | 1160 | 640 | 71 | 22 | 0 | 140 | 1910 | 90 | 15 | 4 | 47 |

| Menu Item | Serving Size | Calories | Fat Calories | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|--|--------------|----------|--------------|---------------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Shrimp Nachos | 507g | 1120 | 600 | 67 | 20 | 0 | 245 | 1990 | 90 | 15 | 4 | 46 |
| Steak Nachos | 493g | 1130 | 610 | 68 | 21 | 0 | 125 | 2080 | 91 | 15 | 3 | 44 |
| <i>Nutrition information for Nachos includes chips, refried beans, protein/cheese, Pico de Gallo, sour cream, guacamole. Optional add-ons & sauces not included.</i> | | | | | | | | | | | | |
| Quesadillas | | | | | | | | | | | | |
| Cheese Quesadilla | 229g | 590 | 260 | 29 | 15 | 0 | 75 | 1320 | 57 | 3 | 2 | 26 |
| Chicken Quesadilla | 314g | 710 | 320 | 36 | 17 | 0 | 130 | 1910 | 60 | 3 | 2 | 37 |
| Fish Quesadilla | 308g | 750 | 340 | 37 | 16 | 0 | 105 | 1660 | 69 | 3 | 2 | 35 |
| Ground Beef Quesadilla | 314g | 760 | 370 | 41 | 21 | 0 | 110 | 1860 | 59 | 3 | 2 | 39 |
| Pork Quesadilla | 314g | 700 | 310 | 34 | 17 | 0 | 120 | 1890 | 58 | 3 | 2 | 40 |
| Shredded Beef Quesadilla | 314g | 710 | 310 | 34 | 17 | 0 | 120 | 1720 | 59 | 3 | 2 | 41 |
| Shrimp Quesadilla | 328g | 670 | 270 | 30 | 15 | 0 | 220 | 1800 | 59 | 3 | 3 | 41 |
| Steak Quesadilla | 314g | 680 | 280 | 31 | 16 | 0 | 105 | 1890 | 60 | 3 | 2 | 38 |
| <i>Nutrition information for Quesadillas includes flour tortilla, protein/cheese, Pico de Gallo. Optional guacamole, sour cream, add-ons & sauces not included.</i> | | | | | | | | | | | | |
| Quesadilla Platters | | | | | | | | | | | | |
| Cheese Quesadilla Platter | 562g | 950 | 300 | 33 | 16 | 0 | 75 | 2200 | 123 | 13 | 3 | 38 |
| Chicken Quesadilla Platter | 647g | 1070 | 360 | 40 | 18 | 0 | 130 | 2790 | 126 | 13 | 4 | 50 |
| Fish Quesadilla Platter | 641g | 1110 | 380 | 42 | 17 | 0 | 105 | 2540 | 136 | 13 | 3 | 48 |
| Ground Beef Quesadilla Platter | 647g | 1120 | 410 | 45 | 22 | 0 | 110 | 2750 | 125 | 13 | 4 | 51 |
| Pork Quesadilla Platter | 647g | 1060 | 350 | 39 | 18 | 0 | 120 | 2780 | 124 | 13 | 3 | 53 |
| Shredded Beef Quesadilla Platter | 647g | 1070 | 350 | 39 | 18 | 0 | 120 | 2610 | 125 | 13 | 4 | 54 |
| Shrimp Quesadilla Platter | 661g | 1030 | 310 | 34 | 16 | 0 | 220 | 2680 | 126 | 13 | 4 | 53 |
| Steak Quesadilla Platter | 647g | 1040 | 320 | 36 | 17 | 0 | 105 | 2780 | 127 | 13 | 3 | 50 |
| <i>Nutrition information for Quesadilla Platters includes flour tortilla, protein/cheese, rice, refried beans, lettuce, Pico de Gallo. Optional guacamole, sour cream, add-ons & sauces not included.</i> | | | | | | | | | | | | |
| Taco Salads | | | | | | | | | | | | |
| Chicken Taco Salad | 585g | 690 | 350 | 39 | 14 | 0 | 100 | 1500 | 60 | 10 | 9 | 31 |
| Fish Taco Salad | 579g | 730 | 370 | 41 | 13 | 0 | 80 | 1250 | 70 | 11 | 8 | 28 |
| Ground Beef Taco Salad | 585g | 750 | 400 | 45 | 18 | 0 | 85 | 1450 | 60 | 11 | 9 | 32 |
| Pork Taco Salad | 585g | 690 | 340 | 38 | 14 | 0 | 95 | 1490 | 58 | 10 | 8 | 34 |
| Shredded Beef Taco Salad | 585g | 700 | 340 | 38 | 14 | 0 | 90 | 1320 | 59 | 10 | 9 | 34 |
| Shrimp Taco Salad | 599g | 660 | 300 | 33 | 12 | 0 | 195 | 1390 | 60 | 10 | 9 | 34 |
| Steak Taco Salad | 585g | 670 | 310 | 35 | 13 | 0 | 80 | 1490 | 61 | 10 | 8 | 31 |
| Vegan Taco Salad | 619g | 670 | 230 | 25 | 5 | 0 | 0 | 1110 | 97 | 13 | 8 | 17 |
| Veggie Taco Salad | 677g | 830 | 350 | 39 | 13 | 0 | 45 | 1310 | 101 | 13 | 9 | 23 |
| <i>Nutrition information for Taco Salads includes shell, refried beans, lettuce, protein/cheese, Pico de Gallo, sour cream. Veggie Taco Salad includes shell, refried beans, lettuce, rice, cheese, Pico, sour cream, guacamole; Vegan Taco salad same as Veggie without cheese & sour cream. Optional add-ons & sauces not included.</i> | | | | | | | | | | | | |
| Tacos | | | | | | | | | | | | |
| Chicken Taco - flour tortilla | 159g | 240 | 110 | 13 | 6 | 0 | 50 | 690 | 20 | 2 | 2 | 13 |
| Fish Taco - flour tortilla | 183g | 350 | 200 | 22 | 7 | 0 | 50 | 640 | 27 | 3 | 2 | 12 |
| Ground Beef Taco - flour tortilla | 159g | 260 | 140 | 15 | 8 | 0 | 45 | 670 | 20 | 2 | 2 | 14 |
| Pork Taco - flour tortilla | 159g | 240 | 110 | 12 | 6 | 0 | 50 | 680 | 19 | 2 | 2 | 14 |
| Shredded Beef Taco - flour tortilla | 159g | 240 | 110 | 12 | 6 | 0 | 45 | 600 | 20 | 2 | 2 | 15 |
| Shrimp Taco - flour tortilla | 193g | 310 | 170 | 18 | 7 | 0 | 105 | 710 | 22 | 2 | 3 | 15 |
| Steak Taco - flour tortilla | 159g | 220 | 90 | 10 | 5 | 0 | 40 | 680 | 20 | 2 | 2 | 13 |
| Vegan Taco - flour tortilla | 184g | 220 | 45 | 5 | 1.5 | 0 | 0 | 550 | 37 | 5 | 2 | 7 |
| Veggie Taco - flour tortilla | 214g | 300 | 110 | 12 | 6 | 0 | 25 | 660 | 39 | 5 | 2 | 10 |
| <i>Nutrition information for Tacos includes tortilla, protein, cheese, lettuce, Pico de Gallo, sour cream. Fish Taco includes tortilla, fish, cheese, cabbage, white sauce, Pico, sour cream. Veggie Taco includes tortilla, rice, refried beans, cheese, lettuce, Pico, sour cream, guacamole. Vegan Taco same as Veggie without cheese & sour cream. Optional add-ons & sauces not included.</i> | | | | | | | | | | | | |
| Tortillas, Sauces & Add-ons | | | | | | | | | | | | |
| 6" Corn Tortilla - 2 each | 56 g | 120 | 20 | 2 | 0 | 0 | 0 | 0 | 24 | 2 | 0 | 2 |
| 6" Flour Tortilla - 1 each | 31g | 90 | 18 | 2 | 1 | 0 | 0 | 220 | 15 | 1 | 0 | 3 |
| 7" Hard Corn Taco Shell - 1 each | 22g | 100 | 40 | 4.5 | 1 | 0 | 0 | 0 | 14 | 2 | 1 | 2 |
| 10" Flour Tortilla - 1 each | 71g | 210 | 45 | 5 | 2 | 0 | 0 | 510 | 36 | 1 | 0 | 6 |
| 10" Taco Salad Shell - 1 each | 59g | 280 | 150 | 17 | 3.5 | 0 | 0 | 200 | 29 | 1 | 1 | 4 |
| 10" Whole Wheat Tortilla - 1 each | 71g | 200 | 40 | 5 | 2 | 0 | 0 | 510 | 34 | 4 | 0 | 6 |
| 12" Flour Tortilla - 1 each | 104g | 310 | 60 | 7 | 3 | 0 | 0 | 740 | 52 | 2 | 0 | 8 |
| 12" Spinach Tortilla - 1 each | 104g | 310 | 60 | 7 | 3 | 0 | 0 | 740 | 51 | 2 | 0 | 9 |
| 12" Tomato Basil Tortilla - 1 each | 104g | 310 | 60 | 7 | 3 | 0 | 0 | 720 | 52 | 2 | 0 | 8 |
| 12" Whole Wheat Tortilla - 1 each | 104g | 290 | 60 | 7 | 3 | 0 | 0 | 750 | 50 | 6 | 0 | 9 |
| Beans, Black - 1 spoonful | 99g | 90 | 5 | 0.5 | 0 | 0 | 0 | 270 | 17 | 3 | 1 | 4 |
| Beans, Refried - 1 spoonful | 99g | 100 | 10 | 1 | 0 | 0 | 0 | 350 | 16 | 6 | 0 | 6 |
| Beans, Whole Pinto - 1 spoonful | 99g | 90 | 0 | 0 | 0 | 0 | 0 | 210 | 16 | 5 | 0 | 5 |
| Black Bean & Corn Salsa - 2 oz | 57g | 60 | 5 | 0.5 | 0 | 0 | 0 | 230 | 12 | 3 | 1 | 3 |
| Black Olives - 1 tablespoon | 6g | 10 | 10 | 1 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 |
| Cabbage - 1 tong full | 57g | 15 | 0 | 0 | 0 | 0 | 0 | 10 | 3 | 1 | 1 | 1 |
| Cheese Add On - 1 scoop | 23g | 90 | 70 | 7 | 4 | 0 | 25 | 150 | 1 | 0 | 0 | 6 |
| Chicken Add On - 1 scoop | 85g | 120 | 60 | 7 | 2 | 0 | 55 | 590 | 2 | 1 | 1 | 12 |
| Chips, side | 85g | 410 | 220 | 24 | 2.5 | 0 | 0 | 320 | 46 | 5 | 0 | 5 |

| Menu Item | Serving Size | Calories | Fat Calories | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|--|--------------|----------|--------------|---------------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Chopped onions - 1 tablespoon | 6g | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| Chopped tomatoes - 1 tong full | 17g | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| Chorizo - 1.5 oz | 43g | 120 | 90 | 10 | 3.5 | 0 | 15 | 430 | 2 | 1 | 0 | 6 |
| Cilantro - 1 tong full | 0.3 g | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Eggs - 1 scoop | 71g | 110 | 80 | 9 | 2.5 | 0 | 290 | 220 | 1 | 0 | 0 | 9 |
| Enchilada Sauce - 1 ladle | 57g | 25 | 0 | 0 | 0 | 0 | 0 | 360 | 5 | 1 | 1 | 1 |
| Fish Add On - 2 pc | 79g | 160 | 80 | 8 | 0.5 | 0 | 35 | 340 | 12 | 1 | 0 | 9 |
| Ground Beef Add On - 1 scoop | 85g | 170 | 110 | 12 | 6 | 0 | 40 | 550 | 2 | 1 | 1 | 13 |
| Guacamole Add On - 1 scoop | 35g | 45 | 35 | 4 | 0.5 | 0 | 0 | 105 | 3 | 2 | 0 | 1 |
| Guacamole Side Order - 4 oz | 113g | 140 | 110 | 12 | 2 | 0 | 0 | 330 | 9 | 6 | 1 | 2 |
| Jalapeno bacon - 1 slice | 6g | 25 | 2 | 0.5 | 0 | 0 | 5 | 110 | 0 | 0 | 0 | 2 |
| Jalapeno peppers - 1 tablespoon | 10g | 0 | 0 | 0 | 0 | 0 | 0 | 170 | 0 | 0 | 0 | 0 |
| Lettuce - 1 tong full | 57g | 10 | 0 | 0 | 0 | 0 | 0 | 5 | 2 | 1 | 1 | 1 |
| Lime wedge | 7g | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| Pico de Gallo Add On - 1 scoop | 57g | 10 | 0 | 0 | 0 | 0 | 0 | 140 | 2 | 1 | 2 | 1 |
| Pico de Gallo Side Order - 3 oz | 85g | 15 | 0 | 0 | 0 | 0 | 0 | 210 | 4 | 1 | 2 | 1 |
| Pork Add On - 1 scoop | 85 g | 120 | 50 | 6 | 2 | 0 | 50 | 570 | 1 | 0 | 0 | 15 |
| Queso, Yellow Add On - 1 ladle | 57g | 80 | 50 | 6 | 2.5 | 0 | 5 | 450 | 2 | 0 | 0 | 3 |
| Queso, Yellow Side Order - 4 oz | 113g | 160 | 110 | 12 | 5 | 0 | 5 | 900 | 4 | 0 | 0 | 6 |
| Rice, seasoned - 1 scoop | 142g | 210 | 25 | 3 | 0 | 0 | 0 | 290 | 40 | 1 | 0 | 4 |
| Salsa, Habanero (Hot) - 1 ladle | 34g | 5 | 0 | 0 | 0 | 0 | 0 | 150 | 1 | 0 | 1 | 0 |
| Salsa, Mango - 1 ladle | 40g | 25 | 0 | 0 | 0 | 0 | 0 | 190 | 5 | 1 | 4 | 1 |
| Salsa, Roasted Chipotle (Medium) - 1 ladle | 34g | 10 | 0 | 0 | 0 | 0 | 0 | 105 | 2 | 0 | 1 | 0 |
| Salsa, Tomatillo (Mild) - 1 ladle | 34g | 10 | 0 | 0 | 0 | 0 | 0 | 180 | 2 | 0 | 1 | 0 |
| Serrano Peppers - 1 tablespoon | 6g | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Shredded Beef Add On - 1 scoop | 85g | 120 | 50 | 6 | 2 | 0 | 45 | 400 | 2 | 0 | 1 | 15 |
| Shrimp Add On - 10 shrimp | 99g | 80 | 10 | 1 | 0 | 0 | 150 | 480 | 2 | 0 | 1 | 15 |
| Sour Cream Add On - 1 scoop | 35g | 70 | 60 | 7 | 4 | 0 | 25 | 55 | 2 | 0 | 1 | 1 |
| Steak Add On - 1 scoop | 85g | 120 | 40 | 4.5 | 1.5 | 0 | 45 | 460 | 4 | 0 | 1 | 15 |
| White Sauce - 1.5 oz | 43g | 180 | 180 | 19 | 3.5 | 0 | 20 | 160 | 2 | 0 | 0 | 0 |

Sides/Combos

| | | | | | | | | | | | | |
|--|------|-----|-----|-----|-----|---|---|------|----|----|---|----|
| Chips & Guacamole | 198g | 550 | 330 | 37 | 4 | 0 | 0 | 650 | 55 | 11 | 1 | 7 |
| Chips & Queso, Yellow | 198g | 570 | 330 | 36 | 7 | 0 | 5 | 1210 | 50 | 5 | 0 | 11 |
| Chips & Salsa | 170g | 430 | 220 | 24 | 2.5 | 0 | 0 | 520 | 50 | 6 | 2 | 6 |
| Rice & Beans (black) & Pico de Gallo | 319g | 350 | 35 | 4 | 0 | 0 | 0 | 780 | 67 | 6 | 3 | 11 |
| Rice & Beans (pinto) & Pico de Gallo | 319g | 340 | 30 | 3 | 0 | 0 | 0 | 680 | 65 | 8 | 1 | 12 |
| Rice & Beans (refried) & Pico de Gallo | 319g | 360 | 40 | 4.5 | 1 | 0 | 0 | 880 | 66 | 10 | 1 | 12 |

Nutrition information above does not include beverage - see beverage section for nutrition information on drinks.

Desserts

| | | | | | | | | | | | | |
|------------------------------------|-----|-----|----|----|-----|---|----|-----|----|---|----|---|
| Brownie | 70g | 230 | 90 | 11 | 2.5 | 0 | 35 | 180 | 34 | 2 | 25 | 3 |
| Churros - 2 pieces | 74g | 270 | 90 | 10 | 1 | 0 | 0 | 180 | 40 | 1 | 13 | 4 |
| Cookie - Chocolate Chip | 38g | 170 | 70 | 7 | 4 | 0 | 10 | 120 | 24 | 1 | 15 | 2 |
| Cookie - Double Chocolate Chip | 38g | 170 | 70 | 8 | 4.5 | 0 | 10 | 135 | 23 | 1 | 15 | 2 |
| Cookie - Oatmeal Raisin | 38g | 160 | 60 | 7 | 4 | 0 | 10 | 130 | 23 | 1 | 13 | 2 |
| Cookie - White Chocolate Macadamia | 38g | 170 | 80 | 9 | 4 | 0 | 10 | 120 | 22 | 0 | 14 | 2 |

Kid's Menu

| | | | | | | | | | | | | |
|--|------|-----|-----|-----|-----|---|----|------|----|---|---|----|
| Burrito Bean (refried) & Cheese | 243g | 440 | 120 | 14 | 7 | 0 | 25 | 1180 | 61 | 9 | 0 | 20 |
| Cheese Quesadilla | 94g | 300 | 110 | 12 | 6 | 0 | 25 | 660 | 37 | 1 | 0 | 12 |
| Chicken Taco - flour tortilla | 113g | 200 | 80 | 9 | 4 | 0 | 40 | 590 | 18 | 2 | 1 | 12 |
| Chips 2 oz serving | 57g | 280 | 150 | 16 | 1.5 | 0 | 0 | 210 | 31 | 3 | 0 | 3 |
| Fish Taco - flour tortilla | 117g | 220 | 90 | 10 | 3.5 | 0 | 30 | 470 | 24 | 2 | 1 | 11 |
| Ground Beef Taco - flour tortilla | 113g | 220 | 110 | 12 | 6 | 0 | 30 | 570 | 17 | 2 | 1 | 13 |
| Pork Taco - flour tortilla | 113g | 200 | 80 | 8 | 4 | 0 | 35 | 580 | 17 | 1 | 1 | 13 |
| Rice & Beans (black) - as entrée or side | 170g | 200 | 20 | 2 | 0 | 0 | 0 | 420 | 37 | 4 | 1 | 6 |
| Rice & Beans (pinto) - as entrée or side | 170g | 190 | 15 | 1.5 | 0 | 0 | 0 | 360 | 36 | 5 | 0 | 7 |
| Rice & Beans (refried) - as entrée or side | 170g | 200 | 20 | 2.5 | 0.5 | 0 | 0 | 490 | 36 | 6 | 0 | 8 |
| Shredded Beef Taco - flour tortilla | 113g | 200 | 80 | 8 | 4 | 0 | 35 | 500 | 17 | 1 | 1 | 14 |
| Shrimp Taco - flour tortilla | 127g | 180 | 50 | 6 | 3 | 0 | 85 | 540 | 19 | 2 | 1 | 14 |
| Steak Taco - flour tortilla | 113g | 200 | 70 | 8 | 4 | 0 | 35 | 530 | 18 | 1 | 1 | 14 |

Nutrition information for Kid's Menu provided on burrito, quesadilla & taco only; chips listed separately above, cookie listed in dessert section & drinks listed in beverage section.

Breakfast

| | | | | | | | | | | | | |
|------------------------------------|------|-----|-----|----|----|---|-----|------|----|---|---|----|
| Breakfast Bowl - chorizo | 231g | 370 | 220 | 24 | 9 | 0 | 320 | 1100 | 20 | 5 | 1 | 22 |
| Breakfast Bowl - jalapeno bacon | 200g | 300 | 160 | 18 | 6 | 0 | 315 | 900 | 18 | 4 | 1 | 19 |
| Breakfast Bowl - no meat | 189g | 250 | 130 | 14 | 5 | 0 | 305 | 670 | 18 | 4 | 1 | 15 |
| Breakfast Burrito - chorizo | 302g | 580 | 260 | 29 | 11 | 0 | 320 | 1610 | 56 | 6 | 1 | 28 |
| Breakfast Burrito - jalapeno bacon | 271g | 510 | 210 | 23 | 8 | 0 | 315 | 1410 | 54 | 5 | 1 | 25 |

| Menu Item | Serving Size | Calories | Fat Calories | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|---|--------------|----------|--------------|---------------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Breakfast Burrito - no meat | 260g | 460 | 170 | 19 | 7 | 0 | 305 | 1180 | 54 | 5 | 1 | 21 |
| Breakfast Potatoes Side Order | 68g | 90 | 20 | 2.5 | 1 | 0 | 0 | 340 | 16 | 2 | 0 | 2 |
| Breakfast Quesadita - chorizo | 224g | 500 | 250 | 27 | 10 | 0 | 320 | 1290 | 41 | 2 | 1 | 24 |
| Breakfast Quesadita - jalapeno bacon | 193g | 430 | 190 | 22 | 8 | 0 | 315 | 1090 | 39 | 1 | 1 | 22 |
| Breakfast Quesadita - no meat | 182g | 370 | 160 | 18 | 7 | 0 | 305 | 870 | 39 | 1 | 1 | 18 |
| Breakfast Taco - chorizo, flour tortilla | 163g | 340 | 200 | 22 | 8 | 0 | 230 | 940 | 20 | 2 | 1 | 18 |
| Breakfast Taco - jalapeno bacon, flour tortilla | 132g | 270 | 140 | 16 | 6 | 0 | 230 | 740 | 18 | 1 | 1 | 16 |
| Breakfast Taco - no meat, flour tortilla | 120g | 220 | 110 | 12 | 5 | 0 | 215 | 510 | 18 | 1 | 1 | 12 |
| Coffee | 12 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |

Nutrition information for Breakfast Burrito includes tortilla, beans, potatoes, egg, meat/cheese, Pico de Gallo. Breakfast Bowl is Breakfast Burrito without the tortilla. Breakfast Quesadita includes tortilla, egg, meat/cheese, Pico de Gallo. Breakfast Taco includes tortilla, egg, cheese/meat, Pico de Gallo. Optional sour cream, guacamole, add-ons & sauces not included.

Beverages

12 fl oz Fountain Drink*

| | | | | | | | | | | | | |
|--------------------------------|----------|-----|---|---|---|---|---|-----|----|---|----|---|
| Barq's Caffeine Free Root Beer | 12 fl oz | 160 | 0 | 0 | 0 | 0 | 0 | 70 | 45 | 0 | 45 | 0 |
| Barq's Root Beer | 12 fl oz | 160 | 0 | 0 | 0 | 0 | 0 | 70 | 45 | 0 | 45 | 0 |
| Canada Dry Ginger Ale | 12 fl oz | 140 | 0 | 0 | 0 | 0 | 0 | 50 | 35 | 0 | 34 | 0 |
| Cherry Coca-Cola | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 40 | 42 | 0 | 42 | 0 |
| Coca-Cola | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 35 | 40 | 0 | 40 | 0 |
| Coca-Cola Zero | 12 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 |
| Diet Coke | 12 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 0 | 0 | 0 | 0 |
| Fanta Fruit Punch | 12 fl oz | 160 | 0 | 0 | 0 | 0 | 0 | 55 | 42 | 0 | 42 | 0 |
| Fanta Orange | 12 fl oz | 160 | 0 | 0 | 0 | 0 | 0 | 50 | 41 | 0 | 41 | 0 |
| Fanta Strawberry | 12 fl oz | 170 | 0 | 0 | 0 | 0 | 0 | 50 | 46 | 0 | 46 | 0 |
| Fruitopia Orange Grove | 12 fl oz | 170 | 0 | 0 | 0 | 0 | 0 | 45 | 47 | 0 | 45 | 0 |
| Fruitopia Strawberry Passion | 12 fl oz | 170 | 0 | 0 | 0 | 0 | 0 | 35 | 44 | 0 | 43 | 0 |
| Fuze Raspberry Tea | 12 fl oz | 90 | 0 | 0 | 0 | 0 | 0 | 45 | 23 | 0 | 23 | 0 |
| Fuze Unsweet Tea | 12 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 |
| Hi-C Flashn' Fruit Punch | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 55 | 42 | 0 | 41 | 0 |
| Hi-C Poppin' Pink Lemonade | 12 fl oz | 140 | 0 | 0 | 0 | 0 | 0 | 100 | 39 | 0 | 38 | 0 |
| Mello Yello | 12 fl oz | 160 | 0 | 0 | 0 | 0 | 0 | 50 | 42 | 0 | 42 | 0 |
| Minute Maid Lemonade | 12 fl oz | 140 | 0 | 0 | 0 | 0 | 0 | 100 | 39 | 0 | 38 | 0 |
| Minute Maid Light Lemonade | 12 fl oz | 5 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 |
| Nestea Sweetened Lemon Tea | 12 fl oz | 110 | 0 | 0 | 0 | 0 | 0 | 45 | 30 | 0 | 30 | 0 |
| Pibb Xtra | 12 fl oz | 140 | 0 | 0 | 0 | 0 | 0 | 55 | 39 | 0 | 39 | 0 |
| POWERade Fruit Punch | 12 fl oz | 90 | 0 | 0 | 0 | 0 | 0 | 115 | 23 | 0 | 22 | 0 |
| POWERade Mountain Blast | 12 fl oz | 80 | 0 | 0 | 0 | 0 | 0 | 110 | 22 | 0 | 22 | 0 |
| Sprite | 12 fl oz | 140 | 0 | 0 | 0 | 0 | 0 | 70 | 39 | 0 | 39 | 0 |
| Caffeine-free Diet Coke | 12 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 0 | 0 | 0 | 0 |
| Fanta Grape | 12 fl oz | 170 | 0 | 0 | 0 | 0 | 0 | 50 | 45 | 0 | 45 | 0 |
| Sprite Zero | 12 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 |

21 fl oz Fountain Drink*

| | | | | | | | | | | | | |
|--------------------------------|----------|-----|---|---|---|---|---|-----|----|---|----|---|
| Barq's Caffeine Free Root Beer | 21 fl oz | 290 | 0 | 0 | 0 | 0 | 0 | 125 | 78 | 0 | 78 | 0 |
| Barq's Root Beer | 21 fl oz | 290 | 0 | 0 | 0 | 0 | 0 | 125 | 78 | 0 | 78 | 0 |
| Canada Dry Ginger Ale | 21 fl oz | 250 | 0 | 0 | 0 | 0 | 0 | 90 | 61 | 0 | 60 | 0 |
| Cherry Coca-Cola | 21 fl oz | 270 | 0 | 0 | 0 | 0 | 0 | 70 | 73 | 0 | 73 | 0 |
| Coca-Cola | 21 fl oz | 260 | 0 | 0 | 0 | 0 | 0 | 60 | 70 | 0 | 70 | 0 |
| Coca-Cola Zero | 21 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 70 | 0 | 0 | 0 | 0 |
| Diet Coke | 21 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 85 | 0 | 0 | 0 | 0 |
| Fanta Fruit Punch | 21 fl oz | 270 | 0 | 0 | 0 | 0 | 0 | 95 | 73 | 0 | 73 | 0 |
| Fanta Orange | 21 fl oz | 270 | 0 | 0 | 0 | 0 | 0 | 90 | 72 | 0 | 72 | 0 |
| Fanta Strawberry | 21 fl oz | 290 | 0 | 0 | 0 | 0 | 0 | 85 | 80 | 0 | 80 | 0 |
| Fruitopia Orange Grove | 21 fl oz | 300 | 0 | 0 | 0 | 0 | 0 | 75 | 82 | 0 | 79 | 0 |
| Fruitopia Strawberry Passion | 21 fl oz | 300 | 0 | 0 | 0 | 0 | 0 | 60 | 77 | 0 | 75 | 0 |
| Fuze Raspberry Tea | 21 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 80 | 40 | 0 | 40 | 0 |
| Fuze Unsweet Tea | 21 fl oz | 5 | 0 | 0 | 0 | 0 | 0 | 80 | 0 | 0 | 0 | 0 |
| Hi-C Flashn' Fruit Punch | 21 fl oz | 270 | 0 | 0 | 0 | 0 | 0 | 95 | 74 | 0 | 72 | 0 |
| Hi-C Poppin' Pink Lemonade | 21 fl oz | 250 | 0 | 0 | 0 | 0 | 0 | 180 | 69 | 0 | 66 | 0 |
| Mello Yello | 21 fl oz | 280 | 0 | 0 | 0 | 0 | 0 | 85 | 74 | 0 | 74 | 0 |
| Minute Maid Lemonade | 21 fl oz | 250 | 0 | 0 | 0 | 0 | 0 | 180 | 69 | 0 | 66 | 0 |
| Minute Maid Light Lemonade | 21 fl oz | 10 | 0 | 0 | 0 | 0 | 0 | 75 | 0 | 0 | 0 | 0 |
| Nestea Sweetened Lemon Tea | 21 fl oz | 190 | 0 | 0 | 0 | 0 | 0 | 80 | 53 | 0 | 53 | 0 |
| Pibb Xtra | 21 fl oz | 250 | 0 | 0 | 0 | 0 | 0 | 100 | 68 | 0 | 68 | 0 |
| POWERade Fruit Punch | 21 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 210 | 41 | 0 | 39 | 0 |
| POWERade Mountain Blast | 21 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 200 | 38 | 0 | 38 | 0 |
| Sprite | 21 fl oz | 250 | 0 | 0 | 0 | 0 | 0 | 120 | 67 | 0 | 67 | 0 |
| Caffeine-free Diet Coke | 21 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 85 | 0 | 0 | 0 | 0 |
| Fanta Grape | 21 fl oz | 290 | 0 | 0 | 0 | 0 | 0 | 85 | 78 | 0 | 78 | 0 |
| Sprite Zero | 21 fl oz | 5 | 0 | 0 | 0 | 0 | 0 | 80 | 0 | 0 | 0 | 0 |

| Menu Item | Serving Size | Calories | Fat Calories | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|---------------------------------|--------------|----------|--------------|---------------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| 30 fl oz Fountain Drink* | | | | | | | | | | | | |
| Barq's Caffeine Free Root Beer | 30 fl oz | 410 | 0 | 0 | 0 | 0 | 0 | 180 | 112 | 0 | 112 | 0 |
| Barq's Root Beer | 30 fl oz | 410 | 0 | 0 | 0 | 0 | 0 | 180 | 112 | 0 | 112 | 0 |
| Canada Dry Ginger Ale | 30 fl oz | 350 | 0 | 0 | 0 | 0 | 0 | 125 | 88 | 0 | 85 | 0 |
| Cherry Coca-Cola | 30 fl oz | 380 | 0 | 0 | 0 | 0 | 0 | 105 | 105 | 0 | 105 | 0 |
| Coca-Cola | 30 fl oz | 370 | 0 | 0 | 0 | 0 | 0 | 90 | 100 | 0 | 100 | 0 |
| Coca-Cola Zero | 30 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 105 | 0 | 0 | 0 | 0 |
| Diet Coke | 30 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 125 | 0 | 0 | 0 | 0 |
| Fanta Fruit Punch | 30 fl oz | 390 | 0 | 0 | 0 | 0 | 0 | 135 | 104 | 0 | 104 | 0 |
| Fanta Orange | 30 fl oz | 390 | 0 | 0 | 0 | 0 | 0 | 125 | 104 | 0 | 104 | 0 |
| Fanta Strawberry | 30 fl oz | 420 | 0 | 0 | 0 | 0 | 0 | 120 | 115 | 0 | 115 | 0 |
| Fruitopia Orange Grove | 30 fl oz | 430 | 0 | 0 | 0 | 0 | 0 | 105 | 117 | 0 | 114 | 0 |
| Fruitopia Strawberry Passion | 30 fl oz | 430 | 0 | 0 | 0 | 0 | 0 | 90 | 110 | 0 | 108 | 0 |
| Fuze Raspberry Tea | 30 fl oz | 220 | 0 | 0 | 0 | 0 | 0 | 115 | 58 | 0 | 57 | 0 |
| Fuze Unsweet Tea | 30 fl oz | 10 | 0 | 0 | 0 | 0 | 0 | 115 | 0 | 0 | 0 | 0 |
| Hi-C Flashn' Fruit Punch | 30 fl oz | 390 | 0 | 0 | 0 | 0 | 0 | 135 | 106 | 0 | 103 | 0 |
| Hi-C Poppin' Pink Lemonade | 30 fl oz | 360 | 0 | 0 | 0 | 0 | 0 | 250 | 98 | 0 | 94 | 0 |
| Mello Yello | 30 fl oz | 390 | 0 | 0 | 0 | 0 | 0 | 120 | 106 | 0 | 105 | 0 |
| Minute Maid Lemonade | 30 fl oz | 360 | 0 | 0 | 0 | 0 | 0 | 250 | 99 | 0 | 94 | 0 |
| Minute Maid Light Lemonade | 30 fl oz | 20 | 0 | 0 | 0 | 0 | 0 | 105 | 0 | 0 | 0 | 0 |
| Nestea Sweetened Lemon Tea | 30 fl oz | 280 | 0 | 0 | 0 | 0 | 0 | 115 | 75 | 0 | 75 | 0 |
| Pibb Xtra | 30 fl oz | 360 | 0 | 0 | 0 | 0 | 0 | 140 | 97 | 0 | 97 | 0 |
| POWERAde Fruit Punch | 30 fl oz | 210 | 0 | 0 | 0 | 0 | 0 | 290 | 59 | 0 | 55 | 0 |
| POWERAde Mountain Blast | 30 fl oz | 210 | 0 | 0 | 0 | 0 | 0 | 280 | 55 | 0 | 55 | 0 |
| Sprite | 30 fl oz | 360 | 0 | 0 | 0 | 0 | 0 | 170 | 96 | 0 | 96 | 0 |
| Caffeine-free Diet Coke | 30 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 125 | 0 | 0 | 0 | 0 |
| Fanta Grape | 30 fl oz | 420 | 0 | 0 | 0 | 0 | 0 | 120 | 112 | 0 | 112 | 0 |
| Sprite Zero | 30 fl oz | 5 | 0 | 0 | 0 | 0 | 0 | 110 | 0 | 0 | 0 | 0 |

*Fountain Drinks - cup size in category heading is maximum fill capacity; nutrition information provided on amount of beverage listed in serving size column filled to 100% capacity without ice.

| Beer & Wine | | | | | | | | | | | | |
|------------------------|----------|-----|---|---|---|---|---|-----|----|---|-----|---|
| Bud Light | 12 fl oz | 110 | 0 | 0 | 0 | 0 | 0 | n/a | 7 | 0 | n/a | 1 |
| Budweiser | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | n/a | 11 | 0 | n/a | 1 |
| Coors Light | 12 fl oz | 100 | 0 | 0 | 0 | 0 | 0 | n/a | 5 | 0 | n/a | 0 |
| Corona | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | n/a | 14 | 0 | n/a | 1 |
| Dos Equis | 12 fl oz | 130 | 0 | 0 | 0 | 0 | 0 | n/a | 11 | 0 | n/a | 0 |
| Heineken | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | n/a | 11 | 0 | n/a | 0 |
| Labatt Blue | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | n/a | 5 | 0 | n/a | 0 |
| Modelo | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | n/a | 11 | 0 | n/a | 1 |
| Molson | 12 fl oz | 140 | 0 | 0 | 0 | 0 | 0 | n/a | 13 | 0 | n/a | 0 |
| Negra Modelo | 12 fl oz | 170 | 0 | 0 | 0 | 0 | 0 | n/a | 16 | 0 | n/a | 1 |
| Pacifico | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | n/a | 11 | 0 | n/a | 1 |
| Sol | 12 fl oz | 130 | 0 | 0 | 0 | 0 | 0 | n/a | 11 | 0 | n/a | 0 |
| Tecate | 12 fl oz | 140 | 0 | 0 | 0 | 0 | 0 | n/a | 13 | 0 | n/a | 0 |
| Wine, Reisling | 12 fl oz | 280 | 0 | 0 | 0 | 0 | 0 | n/a | 13 | 0 | n/a | 0 |
| Wine, Zinfandel | 12 fl oz | 310 | 0 | 0 | 0 | 0 | 0 | n/a | 10 | 0 | n/a | 0 |

Chart abbreviations: Sat fat = saturated fat, Cholest = cholesterol, Carb = carbohydrate, g = grams, mg = milligrams, %DV = Percent Daily Value based on a 2,000 calorie diet, n/a = information not available

Recommended Daily Values for a 2,000 calorie diet are 78g total fat, 20g saturated fat, 300mg cholesterol, 2,300mg sodium and 28g dietary fiber. 2,000 calorie a day is used for general nutrition advice, but calorie needs vary.

Nutrition information for TACO DEL MAR® menu items was determined by Registered Dietitians at NewWellness, Inc. using manufacturer information and ESHA Research database analysis. Information is based on standard recipes;

variations may occur due to use of an alternate supplier or differences in product portioning. Customer requests for variations from standard recipes will result in changes to nutritional values.

Not all menu items are available in all locations. Revised 4/25/18